

**CONTACT DETAILS OF ZILLA SAINIK BOARDS**

<b>G. Sl. No</b>	<b>Sl. No</b>	<b>Office/ District</b>	<b>Name, Designation &amp; Address</b>	<b>Telephone No.</b>
<b><u>ANDHRA PRADESH *</u></b>				
1.	2	East Godavari @ Kakinada	Vacant Zilla Sainik Welfare Officer Sainik Bhavan, Treasury Compound Kakinada – 533 001 East Godavari District	<b>0884-2375308 (O)/(F)</b> <b>09441463029 (M)</b> <a href="mailto:zswokkd@yahoo.in">zswokkd@yahoo.in</a>
2.	4	Guntur	Vacant Zilla Sainik Welfare Officer Sainik Bhavan Opp Hindu College Guntur – 522 001	<b>0863-2225853 (O)/(F)</b> <b>09441638708 (M)</b> <a href="mailto:zswognt@yahoo.co.in">zswognt@yahoo.co.in</a>
3.	6	Krishna @ Vijayawada	Sri G. Satyanandam Zilla Sainik Welfare Officer (FAC) Indira Gandhi Municipal Complex Labbipet Vijayawada – 520010	<b>0866-2473330 (O)/(F)</b> <b>09441638708 (M)</b> <a href="mailto:zswovja@yahoo.in">zswovja@yahoo.in</a>
4.	11	Visakhapatnam	Ex-Capt (Dr) P Satya Prasad Zilla Sainik Welfare Officer Sainik Bhavan, Maharani pet Visakhapatnam (Pin - 530 002)	<b>0891-2706511 (O)/(F)</b> <b>09848190308 (M)</b> <a href="mailto:zswovsp@yahoo.com">zswovsp@yahoo.com</a>
5.	12	Vizianagar am	Sri V.V Raja Rao Zilla Sainik Welfare Officer Sainik Bhavan Cantonment Post Vizianagaram (Pin – 531 202)	<b>08922-274743 (O)/(F)</b> <b>09247866059 (M)</b> <a href="mailto:zswovzm@yahoo.in">zswovzm@yahoo.in</a>
<b><u>ASSAM</u></b>				
6.	1.	Dibrugarh	Col (Retd) P.K.Deori Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO/Dist - Dibrugarh – 786 003	<b>0373-2310083 (O)</b> <b>09864045385 (M)</b> <a href="mailto:zsbidibrugarh@gmail.com">zsbidibrugarh@gmail.com</a>
<b><u>BIHAR</u></b>				
7.	1.	Bhojpur	Col (Retd) Pramod Kumar Zila Sainik Kalyan Karyalaya, Kutchehri Road Arrah-802301	<b>06182-222866 (O)</b> <b>09534739779 (M)</b> <a href="mailto:Patpondv2005@yahoo.com">Patpondv2005@yahoo.com</a>

8.	2.	Bhagalpur	Sri Jitendra Prasad Sah Sr. Dy Collector cum Zila Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Tilaka Manjhi Bhagalpur - 812 001	<b>0641-2400821 (O)</b> <b>09431095882 (M)</b> <b>zskofficebhagalpur</b> <b>@gmail.com</b>
9.	3.	Chhapra	Shri MD Umer Sr Dy Collector cum Zila Sainik Kalyan Padadhikari, Zila Sainik Kalyan Karyalaya, New Bus Stand, Chhapra- 841301	<b>06152-236714 (O)</b> <b>09471205152 (M)</b> <a href="mailto:zskofficechapra@gmail.com">zskofficechapra@gmail.com</a>
10.	4.	Darbhanga	Gp Capt (Retd) VK Yadav (Offg) Sainik Kalyan Padadhikari, Zila Sainik Kalyan Karyalaya, Polo Ground Darbhanga – 846001	<b>06272-243728 (O)</b> <b>09431331907 (M)</b> <a href="mailto:zskofficedarbhanga@gmail.com">zskofficedarbhanga@gmail.com</a>
11.	5.	Gaya	Col Ashok Kumar Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Gaya – 823001	<b>0631-2421708 (O)</b> <b>09801377086 (M)</b> <a href="mailto:zskofficegaya@gmail.com">zskofficegaya@gmail.com</a>
12.	6.	Muzaffarpur	Gp Capt (Retd) VK Yadav Zila Sainik Kalyan Karyalaya Muzaffarpur	<b>0621-2215373 (O)</b> <b>09507402956 (M)</b> <b>zskofficemuzaffarpur@gmail.com</b>
13.	7.	Patna	Col (Retd) Shri Pramod Kumar (Addl Charge) Sainik Kalyan Nideshalaya cum Zila Sainik Kalyan Padadhikari Patna	<b>0612-2201026 (O)</b> <b>09534739779 (M)</b> <b>zskofficepatna@gmail.com</b>
<b><u>CHHATTISGARH *</u></b>				
14.	1.	Bilaspur	Gp Capt (Retd) AK Pathak Distt Sainik Welfare Officer Near Collectorate Parisar Bilaspur - 495 004 (CG)	<b>07752-422121 (O)</b> <b>07752-422121 (F)</b> <b>09981199618 (M)</b> <a href="mailto:zsk.bsp.cg@gmail.com">zsk.bsp.cg@gmail.com</a>
15.	2.	Durg	Col (Retd) R K Soni Distt Sainik Welfare Officer Raipur Naka, Near BSNL Tower, Durg - 491 001 (CG)	<b>0788-2329939 (O)</b> <b>0788-2329939 (F)</b> <b>08305343232 (M)</b> <a href="mailto:dswodurg@yahoo.com">dswodurg@yahoo.com</a>
16.	3.	Raipur	Cdr(Retd) Shailendra Kumar Distt Sainik Welfare Officer Near Collectorate	<b>0771-2427449 (O)</b> <b>0771-2427449 (F)</b> <b>09039021817 (M)</b>

			Behind Home Guard Office Raipur - 492 001 (CG)	<b>dsw0.raipur@gmail.com</b>
17.	4.	Raigarh	Col (Retd) Islam Mullick District Sainik Welfare Officer Boirdadar, Vinobanagar Raigarh Pin Code - 496001	<b>07762- 215766</b> <b>08358833121</b>
<b>GUJARAT</b>				
18.	1.	Ahmedabad	Maj (Retd) Vikramsinh Jadeja District Sainik Welfare and Resettlement Office, Behind Thaltej TV Tower, Near Drivein Cinema Thaltej, Ahmedabad -380054	<b>079-2463820 (O)</b> <b>079-26851382 (F)</b> <b>9825271795</b> <a href="mailto:zsb_abd@rediffmail.com">zsb_abd@rediffmail.com</a>
19.	2.	Surat	Maj (Retd) JPS Jadeja District Sainik Welfare and Resettlement Office, MS Building, A Block, 1 <sup>st</sup> Floor, Nanpura, Surat-395001	<b>0281-2476825 (O)</b> <b>0261-2463820 (F)</b> <b>9427207474</b> <a href="mailto:zsb_srt@rediffmail.com">zsb_srt@rediffmail.com</a>
<b>HARYANA</b>				
20.	1.	Ambala	Maj (Retd) Jai Singh Phogat Secretary Zila Sainik Board Mall Road (Sainik Road House) Ambala Cantt - 133001 Distt. Ambala (Haryana)	<b>0171-2530557 (O)</b> <b>0171-2640557 (F)</b> <b>zsbambcantt@gmail.com</b>
21.	2.	Bhiwani	Lt Col(Retd)Aman Singh Yadav Secretary, Zila Sainik Board Railway Road Bhiwani - 125 021	<b>01664-243538 (O)</b> <a href="mailto:zsbawn@gmail.com">zsbawn@gmail.com</a>
22.	3.	Faridabad	Vacant Secretary, Zila Sainik Board Sector -16, Faridabad – 121001	<b>0129-2287304 (O)</b> <a href="mailto:zsbawn@gmail.com">zsbawn@gmail.com</a>
23.	4.	Gurgaon	Lt Col (Retd)Surender Kaajla Secretary Zila Sainik Board Opp Apna Bazar, Civil Lines, Gurgaon - 122001	<b>0124-2320730 (O)</b> <a href="mailto:zsb_ggn@mail.com">zsb_ggn@mail.com</a> <b>secretarysainikboardgurgaon@rediffmail.com</b>
24.	5.	Hisar	Vacant Secretary, Zila Sainik Board,	<b>01662-272901 (O)</b> <a href="mailto:zsb.hisar@rediffmail.com">zsb.hisar@rediffmail.com</a>

			Sainik Rest House, Near Old Court Road, Hissar (Haryana)	
25.	6.	Jhajjar	Wg Cdr (Retd) KK Yadav Secretary Zila Sainik Board, Priya Colony, Near Distt Social Welfare office Jhajjar (Haryana) - 124103	<b>01251-254236 (O)</b> <a href="mailto:secy.zsbjir@yahoo.com">secy.zsbjir@yahoo.com</a>
26.	7.	Karnal	Col(Retd) Ravinder Singh Secretary, Zila Sainik Board Near Distt Session Court GT Road, Karnal – 132801	<b>0184-2272589 (O)</b> <a href="mailto:secretaryzsbknl@yahoo.in">secretaryzsbknl@yahoo.in</a>
27.	8.	Kurukshetra	Col (Retd) VK Goindi Secretary, Zila Sainik Board Shopping Complex Sainik Rest House, Sector- 13, Urban State, Kurukshetra – 132118	<b>01744-220922 (O)</b> <a href="mailto:zsbkkr@gmail.com">zsbkkr@gmail.com</a>
28.	9.	Narnaul	Maj (Retd) Vidyanand Secretary, Zila Sainik Board Sainik Rest House Narnaul - 123001	<b>01282-250259 (O)</b> <a href="mailto:zsb_nnl@yahoo.com">zsb_nnl@yahoo.com</a>
29.	10.	Panchkula	Lt Col (Retd) Naresh Secretary, Zila Sainik Board SCO No.101, First Floor Sector -11 Panchkula -134 017( Haryana)	<b>0172-584213 (O)</b> <a href="mailto:secretaryzsbpkl@yahoo.in">secretaryzsbpkl@yahoo.in</a>
30.	11.	Panipat	Vacant Secretary, Zila Sainik Board Kothi No.118, Adarsh Nagar [(Near Post Office, CSD (I) Canteen], Panipat - 132 103	<b>01742-650311 (O)</b> <a href="mailto:zsbpnp@gmail.com">zsbpnp@gmail.com</a>
31.	12.	Rewari	Maj (Retd) Pratap Singh Secretary, Zila Sainik Board Rewari - 123 401	<b>01274-224341 (O)</b> <a href="mailto:secretaryzsbwr.zsb28@gmail.com">secretaryzsbwr.zsb28@gmail.com</a>
32.	13.	Rohtak	Capt (Retd) VS Narwal Secretary, Zila Sainik Board Civil Lines, Opp Chhotu Ram Park, Rohtak -124001	<b>01262-242687 (O)</b> <a href="mailto:zsbrohtal@rediffmail.com">zsbrohtal@rediffmail.com</a>
33.	14.	Sonepat	Maj (Retd) DPS Budhwar Secretary, Zila Sainik Board Gohana Road, Near New Police Lines Sonepet - 131001	<b>0130-2242659 (O)</b> <a href="mailto:zsb_spt@gmail.com">zsb_spt@gmail.com</a>

34.	15.	Palwal	Maj (Retd) RK Sharma Secretary, Zila Sainik Board, 4, Civil Lines, Near Hero Honda Agency, Hodal Road, Palwal, Haryana - 121 102	01275-202509 (O)
<b><u>HIMACHAL PRADESH</u></b>				
35.	1.	Bilaspur	Addl Chg to Deputy Commissioner, Bilaspur (Addl Charge) Deputy Director Zila Sainik Welfare Office Bilaspur - 174 029 (H.P)	01978-222343 (O) 01978-266550 (R) 01978-223065 (F) blphp@yahoo.com
36.	2.	Chamba	AC to DC, Chamba (Addl Charge) Deputy Director Zila Sainik Welfare Office Chamba – 176314	01899-222357 (O) dswochamba@gmail.com
37.	3.	Hamirpur	AC to DC, HamirPur (Addl Charge) Deputy Director Zila Sainik Welfare Office Hamirpur - 177 001 (H.P)	01972-222334 (O) sainikwelfarehamirpur@gmail.com
38.	4.	Kangra - Dharmas hala	Sqn Ldr (Retd)Manoj Rana Dy Director Zila Sainik Welfare Office Kangra at Dharamshala- 176215	01892-223279 (O) deputydirectorswkangra@gmail.com
39.	5.	Kullu	AC to DC, Kullu(Addl Charge) (Addl Charge) Deputy Director Zila Sainik Welfare Office Kullu - 175101 (HP)	01902-222272 (O) dd_zswo_kul_hp@nic.in
40.	6.	Mandi	AC to DC, Mandi (Addl Charge) Deputy Director Zila Sainik Welfare Office Vijay Palace Colony Mandi (HP) – 175001	01905-222120 (O) ddrzsw@gmail.com
41.	7.	Shimla + Kinnaur	AC to DC, Shimla (Addl Charge) Deputy Director Zila Sainik Welfare Office Longwood, Shimla – 171001 (HP)	0177-2658586 (O) ddsw.sml.knr@gmail.com
42.	8.	Solan	AC to DC, Solan(Addl Charge) Deputy Director ZilaSainik Welfare Office	01792-223764 (O) sainik-sol-hp@nic.in

			The Mall, Solan (HP) – 173212	
<b><u>JAMMU &amp; KASHMIR *</u></b>				
43.	1.	Jammu	Col (Retd) JDS Kotwal Zila Sainik Welfare Officer Ambphalla Jammu Pin - 180 005 (J & K)	<b>0191-2546273 (O)</b> <b>0191-2546273 (R)</b> <b>09419117085 (M)</b> <a href="mailto:zswojammu@yahoo.in">zswojammu@yahoo.in</a>
44.	2.	Kathua	Col (Retd) Yudhvir Singh Andotra Zila Sainik Welfare Officer Near Govt Hr.Sec.School (Boys) Kathua - 184 101 (J & K)	<b>01922-234785 (O)</b> <b>01922 – 234785 (R)</b> <a href="mailto:zswokathua@yahoo.in">zswokathua@yahoo.in</a>
45.	3.	Samba	Vacant Zila Sainik Welfare Officer Ward No. 8, Samba Pin - 184 121 (J & K)	<b>01923-217802 (O)</b> <b>0191- 250121 (R)</b> <b>0941-9139583 (M)</b> <a href="mailto:zswosamba@gmail.com">zswosamba@gmail.com</a>
46.	4.	Srinagar, Budgam, Ganderbal , Anantnag, Kulgam, Pulawama , Shopian.	Col (Retd) SA Quershi Zila Sainik Welfare Officer Batamaloo Road Srinagar Pin- 190 010 (J & K)	<b>0194-2474728 (O)</b> <b>0194-2474728 (F)</b> <b>09419250360 (M)</b> <a href="mailto:zswosrinagar@yahoo.in">zswosrinagar@yahoo.in</a>
47.	5.	Udhampur , Reasi.	Vacant Zila Sainik Welfare Officer Adarsh Colony, Udhampur Pin – 182 101 (J & K)	<b>01992-271338 (O)</b> <b>01922-2592268(R)</b> <a href="mailto:zilasainikudh@yahoo.com">zilasainikudh@yahoo.com</a>
<b><u>JHARKHAND *</u></b>				
48.	1.	Ranchi	Vacant Zila Sainik Kalyan Karyalaya Sainik Bazar, Main Road Ranchi, Pin – 834001	<b>0651-2330159 (O)</b> <b>0651-2330159 (F)</b> <a href="mailto:zskkranchi@yahoo.in">zskkranchi@yahoo.in</a>
<b><u>KARNATAKA *</u></b>				
49.	1.	Bangalore (Bangalore Urban)	Maj (Retd) RS Viswanath Joint Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No 58, Fd Mshl KM Cariappa Road, Bangalore (Urban Dist) Pin - 560025	<b>080-25585119 (O)</b> <b>09481819260 (M)</b> <a href="mailto:sainikurban@rediffmail.com">sainikurban@rediffmail.com</a>

50.	2.	Bangalore (Rural) + Chikkaballapur, Kolar, Ramnagar & Tumkur	Maj (Retd) RS Viswanath Joint Director Office of the Joint Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No.58, Fd Marshal KM Cariappa Road, Bangalore (Rural) Pin – 560025	<b>080-25588718 (O)</b> <b>080-25589459 (F)</b> <b>sainikrural@rediffmail.com</b>
51.	3.	Belgaum	Ex Flt Lt MS Lolaksha Joint Director Deptt of Sainik Welfare & Resettlement Court Compound, Belgaum - 590 001	<b>0831-2469341 (O)</b> <b>0831-2469341 (F)</b> <b>09945173849 (M)</b> <b>sainikwelfarebelgaum@yahoo.in</b>
<b><u>KERALA *</u></b>				
52.	1.	Alappuzha	Shri PJ Jacob Zila Sainik Welfare Office Arattuvazhi Road, Alappuzha-688 007	<b>0477-2245673 (O)</b> <a href="mailto:zswalp@gmail.com">zswalp@gmail.com</a>
53.	2.	Ernakulam	Shri Veena Vishwanathan Zila Sainik Welfare Office Civil Station, Kakkanad, Ernakulam-682 030	<b>0484-2422239 (O)</b> <a href="mailto:zswokm@yahoo.com">zswokm@yahoo.com</a>
54.	3.	Kannur	Shri A Ravindran Zila Sainik Welfare Office Civil Station, Kannur-670002	<b>0497-2700069 (O)</b> <a href="mailto:zswokannur@gmail.com">zswokannur@gmail.com</a>
55.	4.	Kottayam	Shri Sheeba Ravi Zila Sainik Welfare Office Muttambalam PO, Kanjikuzhi, Kottayam-686004	<b>0481- 2570287 (O)</b> <a href="mailto:zswoktym@gmail.com">zswoktym@gmail.com</a>
56.	5.	Kozhikode	Shri NP Abdul Azeez Zila Sainik Welfare Office Balan K Nair Road, Kozhikode - 673001	<b>0495- 2771881 (O)</b> <a href="mailto:kkdzsw@bsnl.in">kkdzsw@bsnl.in</a>
57.	6.	Palakkad	Shri Shiju Sharif Zila Sainik Welfare Office, Jaini Medu Vadakkanthara PO Palakkad-678013	<b>0491-2501633 (O)</b> <a href="mailto:zswopalakkad@gmail.com">zswopalakkad@gmail.com</a>
58.	7.	Thiruvananthapuram	Shri Prasannan Pillai G Zila Sainik Welfare Office Vanchiyoor Thiruvananthapuram-695035	<b>0471-2472748 (O)</b> <a href="mailto:zswotvpm@gmail.com">zswotvpm@gmail.com</a>
59.	8.	Thrissur	Shri KS Muralidharan Zila Sainik Welfare Office	<b>0487- 2384037 (O)</b>

			Sainik Centre, Poothole Thrissur-680004	<a href="mailto:zswotrissur@gmail.com">zswotrissur@gmail.com</a>
<b><u>MADHYA PRADESH *</u></b>				
60.	1.	Bhopal	Col (Retd) DC Goyal Distt Sainik Welfare Officer Sainik Rest House, Banganga Chouraha Bhopal - 462 003 (M P)	<b>0755-2556198 (O)</b> <b>0755-2556198 (F)</b> <b>09300087014 (M)</b> <b>0755-2430136 (R)</b> <a href="mailto:dswopho@mp.gov.in">dswopho@mp.gov.in</a>
61.	2.	Chindwara	<b>Col (Retd) Viswas V Asolkar</b> Distt Sainik Welfare Officer Near Ekta Park, Nagpur Road, Chindwara - 480 001 (M P)	<b>07162-242119 (O)</b> <b>07162-242119 (F)</b> <b>09993446872 (M)</b> <a href="mailto:dsowchi@mp.gov.in">dsowchi@mp.gov.in</a>
62.	3.	Gwalior	Col (Retd) Rakesh Pathak Distt Sainik Welfare Officer Race Course Road, Near Sainik Petrol Pump, Gwalior – 474002	<b>0751-2340878 (O)</b> <b>0751-2471539 (O)</b>  <b>09893589261 (M)</b> <a href="mailto:dswogwa@mp.gov.in">dswogwa@mp.gov.in</a>
63.	4.	Indore	Col (Retd) Ram Kumar Distt Sainik Welfare Officer, Jairam Pur Colony, Indore – 4502004	<b>0731-2367319 (O)</b> <b>0731-2367319 (F)</b> <b>09827508379 (M)</b> <b>07324-226249 (R)</b> <a href="mailto:dswoind@mp.gov.in">dswoind@mp.gov.in</a>
64.	5.	Jabalpur	Col (Retd) PK Vaidya Distt Sainik Welfare Officer Katanga Colony, Narmada Road, Shaheed Raman Bakshi Marg Jabalpur - 482 001 (M P)	<b>0761-2667336 (O)</b> <b>0887851465 (M)</b> <b>0761-2603157 (R)</b> <a href="mailto:dswojab@mp.gov.in">dswojab@mp.gov.in</a>
65.	6.	Ratlam	Col Rakesh Wirmani Distt Sainik Welfare Officer Opposite Home Guard Colony Nagra Road, Ratlam Pin Code - 457 001(M P)	<b>07412-201124 (O)</b> <b>07412-201124 (F)</b> <b>0734 - 2510362</b> <b>09685900204 (M)</b> <a href="mailto:dsworat@mp.gov.in">dsworat@mp.gov.in</a>
66.	7.	Rewa	Gp Capt (Retd)DV Shukla Distt Sainik Welfare Officer TH- 8 B Block, Shilpi Construction, Kothi Road, Rewa-486001 (MP)	<b>07662-254118 (O)</b> <b>07662-254118 (F)</b> <b>07804909240 (M)</b> <a href="mailto:dsworew@mp.gov.in">dsworew@mp.gov.in</a>
67.	8.	Satna	Gp Capt (Retd) SK Tiwari Distt Sainik Welfare Officer	<b>07672-222389 (O)</b> <b>07672-222389 (F)</b>



			Near Jawahar Nagar, Stadium/ Water Tunki Satna - 485 001 (M P)	<b>09713200652 (M)</b> <b>dswosat@mp.gov.in</b>
68.	9.	Ujjain	Vacant Distt Sainik Welfare Officer B- 9/6, Mahananda Nagar Ujjain - 456 010 (M P)	<b>0734-2511355 (O)</b> <b>0734-2511355 (F)</b> <b>08989879160 (M)</b> <b>dswoujj@mp.gov.in</b>
<b><u>MAHARASHTRA*</u></b>				
69.	1.	AhmedNagar	Lt Col (Retd) S Eknath Rokhale Zila Sainik Welfare Officer Ex-Servicemen Rest House Chandni Chowk Ahmednagar – 414 001	<b>0241-2323160 (O)</b> <b>02442- 222105 (O)</b> <b>09421015690 (M)</b> <b>09423032817 (M)</b> <a href="mailto:zsw_ahmednagar@mahasainik.com">zsw_ahmednagar@mahasainik.com</a>
70.	2.	Aurangabad	Maj (Retd) Chandrasen V Kulthe Zila Sainik Welfare Officer Nandanvan Colony, Bhavsinghpura Road Aurangabad - 431203	<b>0240-2370313 (O)</b> <b>09890657075 (M)</b> <a href="mailto:zsw_aurangabad@mahasainik.com">zsw_aurangabad@mahasainik.com</a>
71.	3.	Mumbai City	Ex Lt Cdr(Mrs) Milan M Patil City Sainik Welfare Office Old Custom House, Fort Mumbai – 400001	<b>022-22700404 (O)</b> <b>022- 23088011 (O)</b> <b>08108692960 (M)</b> <a href="mailto:zawo_mumbaicity@mahasainik.com">zawo_mumbaicity@mahasainik.com</a>
72.	4.	Mumbai Upnagar	Ex Capt(Retd) Vidhya V Ratnaparakhi Zila Sainik Welfare Officer Mumbai Suburban District Administrative Building 9 <sup>th</sup> Floor, Near Chetna College Govt Colony, Bandra (East), Mumbai - 400051	<b>022-265552172 (O)</b> <b>09869070211 (M)</b> <a href="mailto:zsw_mumbaiupnagar@mahasainik.com">zsw_mumbaiupnagar@mahasainik.com</a>
73.	5.	Nasik	Lt Cdr (Retd) SR Doke Zila Sainik Welfare Officer Collector Office Compound Nasik – 422 002	<b>0253-2577255 (O)</b> <b>09321918195 (M)</b> <b>zsw_nashik@mahasainik.com</b>
74.	6.	Nagpur	Lt (Retd) Nitin Pande Zila Sainik Welfare Officer Administrative Building No.1, 3 <sup>rd</sup> Floor,Civil Line, Nagpur- 440001	<b>0712-2561133 (O)</b> <b>09373100805 (M)</b> <b>zsw_nagpur@mahasainik.com</b>
75.	7.	Pune	Col (Retd) Bipin Dattatraya Shinde Zila Sainik Welfare Officer Collector Office Compound,	<b>020-26122287 (O)</b> <b>09423039599 (M)</b> <a href="mailto:zsw_pune@mahasainik.com">zsw_pune@mahasainik.com</a> <b>09423039599</b>

			Pune – 411 001	
76.	8.	Hingoli	Vacant Opposite Bachat Bhavan Stadium, Railway Station Road, Parbhani – 431401	<b>02452-220340 (O)</b> <b>09850893511 (M)</b> <b>zswo_parbhani@mah asainik.com</b>
77.	9.	Raigad	Vacant Zila Sainik Welfare Officer Near Lekha Kosh Office Raigad – 402201	<b>02141-222208 (O)</b> <b>09850893511 (M)</b> <b>zswo_raigad@mahas ainik.com</b>
78.	10	Ratnagiri	Maj (Retd) JS Ambre Zila Sainik Welfare Officer Collector Office Compound Shivaji Nagar Ratnagir – 415612	<b>02352-222271 (O)</b> <b>09423017202 (M)</b> <b>zswo_ratnagiri@maha sainik.com</b>
79.	11	Satara	Maj (Retd) BS Jare Zila Sainik Welfare Officer Ajinkyatara Bldg, Povai Naka Satara – 415001	<b>02162-239293 (O)</b> <b>09766448666 (M)</b> <b><a href="mailto:zswo_satara@mahasainik.com">zswo_satara@mahas ainik.com</a></b>
80.	12	Sangli	Col(Retd) PN Dhole Zila Sainik Welfare Officer Sangli Miraj Road, Pushkar Chowk Sangli – 416416	<b>0233-2671711 (O)</b> <b>9420699845 (M)</b> <b>zswo_sangli@mahasa inik.com</b>
81.	13	Solapur	Capt (Retd) Sunil Moreshwar Godbole Zila Sainik Welfare Officer Collector Office Compound Solapur – 413004	<b>0217-2731035 (O)</b> <b>09421222564 (M)</b> <b><a href="mailto:zswo_solapur@mahasaainik.com">zswo_solapur@maha sainik.com</a></b> <b>09421222564(M)</b>
82.	14	Thane	Maj (Retd) Pranjal P Jadhav Zila Sainik Welfare Officer Collector Office, Room No. 402, 4 <sup>th</sup> Floor, Tembhi Naka Thane – 400601	<b>022-25343174 (O)</b> <b>09869074423 (M)</b> <b>zswo_thane@mahasa inik.com</b>
<b><u>MANIPUR</u></b>				
83.	1.	Imphal	Lt Col (Retd) H Sarat Singh Secretary PO- Lamphel, Dist-Imphal West Manipur - 795004	<b>09862672547 (M)</b> <b>0385-2416228 (O)</b>
84.	2.	Churachand pur	Major (Retd) Jangkhon Gangte Secretary Churachandpur	<b>09856666350 (M)</b>
<b><u>MEGHALAYA</u></b>				

85.	1.	Shillong +East & West Khasi Hills, Jaintia Hills, Ribhoi, East, West & South Garo Hills	Ex Maj (Dr.) K I Singh Zila Sainik Welfare office East Khasi Hills, Shillong Old NEC Building, Shillong-793001	<b>0364-2500459 (O)</b> <b>09774273416 (M)</b> <a href="mailto:zsbshillong@rediff.com">zsbshillong@rediff.com</a>
<b><u>MIZORAM</u>*</b>				
86.	1.	Aizawl	Lalrinliani, MMS Zila Sainik Welfare & Resettlement Office, Sainik Rest House Building, Khatla, Aizawl, Mizoram - 796 001	<b>0389-2333131(O)</b> <b>09436147426 (M)</b> <b>0389-2340685(R)</b> <a href="mailto:zswazlmiz@yahoo.in">zswazlmiz@yahoo.in</a>
87.	2.	Lunglei +Chhingtui pui	Hony Capt (Retd) Lalthantluanga Deputy Director Zila Sainik Welfare & Resettlement Office Distt. Lunglei - 796 701	<b>0372-2324737(O)</b> <b>0372-2324737(F)</b> <b>09436370075 (M)</b> <a href="mailto:zswllimiz@yahoo.in">zswllimiz@yahoo.in</a>
88.	3.	Champhai	Rochuangkimi Khenglawt, MCS District Sainik Welfare & Resettlement Officer Zila Sainik Welfare & Resettlement Office Distt. Champhai Pin - 796321	<b>03831-2355170 (O)</b> <b>03831-2355170 (F)</b> <b>09612223471 (M)</b> <a href="mailto:chamsan77@gmail.com">chamsan77@gmail.com</a>
<b><u>NAGALAND</u>*</b>				
89.	1.	Dimapur	Col (Retd) TNK Singh Zila Sainik Welfare Officer Zila Sainik Welfare Office Walford Area, Near Rajbari, New Circuit House, Dimapur (Nagaland) Pin - 797112	<b>03862-280002 (O)</b> <b>09818249268 (M)</b> <a href="mailto:dcdmp-ngl@nic.in">dcdmp-ngl@nic.in</a>
90.	2.	Kohima	Hony Capt (Retd) Lenkhapao Kuki, SM Zila Sainik Welfare Officer Zila Sainik Welfare Office Kohima DC's Office Complex Kohima - 797 001	<b>0370-2900342(O)</b> <b>09436304277 (M)</b> <a href="mailto:dckma-ngl@nic.in">dckma-ngl@nic.in</a>

<b>ODISHA *</b>				
91.	1.	Cuttack	Capt (Retd) D Panda Banerjee Zila Sainik Board At Mission Road, Buxi Bazar (Near the Samaj Office) PO/Dist-Cuttack-1, Pin – 753001	<b>0671-2420159 (O)</b> <b>09938181261 (M)</b> <b>zsbk02@gmail.com</b>
92.	2.	Balasore	Maj (Retd) Prafulla Kumar Naik Secretary, Zila Sainik Board Brit Buildings C&D Block, OT Road, Balasore - 756 001	<b>06782-261668 (O)</b> <b>09937000491 (M)</b> <b>zsbbls.orissa@rediffmail.com</b>
93.	3.	Ganjam (Berhampur)	Lt Col (Retd) SR Mishra, Zila Sainik Board Berhampur, Near Ganjam club Ganjam - 760 004	<b>0680-2292485 (O)</b> <b>09437604490 (M)</b> <b>zsbbrahmapur57@rediffmail.com</b>
<b>PUNJAB</b>				
94.	1.	Amritsar	Lt Col (Retd) Gurinderjit Singh Gill District Defence Services Welfare Officer 52, Court Road, Opp GPO, Amritsar - 140 001	<b>0183-2563102 (O)</b> <a href="mailto:dsw_0183_2563102@rediffmail.com">dsw_0183_2563102@rediffmail.com</a>
95.	2.	Bathinda	Cdr (Retd) Baljinder Singh Virk District Defence Services Welfare Officer Near Court Complex Bathinda	<b>0164-2212612 (O)</b> <b>sainikwelfarebti@rediffmail.com</b>
96.	3.	Faridkot	Vacant District Defence Services Welfare Officer Talwandi Road, Faridkot – 151 203	<b>01639-250788 (O)</b> <b>ddswfdk@rediffmail.com</b>
97.	4.	Ferozepur	Lt Col (Retd) Jasbir Singh Boparai District Defence Services Welfare Officer Near Saragarhi Gurudwara Ferozepur	<b>01632-246211 (O)</b> <a href="mailto:dsw_01632_246211@rediffmail.com">dsw_01632_246211@rediffmail.com</a>
98.	5.	Gurdaspur	Lt Col (Retd) Satbir Singh District Defence Services Welfare Officer Near DC Court , Gurdaspur	<b>01874-231127 (O)</b> <b>dswogsp@rediffmail.com</b>

99.	6.	Hoshiarpur	Maj (Retd) Yaspaul Singh District Defence Services Welfare Officer Green New Park, Court Road Hoshiarpur	<b>01882-222013 (O)</b> <b>dswhspr@rediffmail.com</b>
100.	7.	Jalandhar	Lt Col (Retd) HP Singh District Defence Services Welfare Officer Shastri Market, Ladowali Road Jalandhar	<b>0181-2455423 (O)</b> <b>dsw_jal@rediffmail.com</b>
101.	8.	Kapurthala	Col (Retd) Amarbir Singh Chahal District Defence Services Welfare Officer Near District Court, Kapurthala	<b>01822-232872 (O)</b> <a href="mailto:dsw_kpt@rediffmail.com">dsw_kpt@rediffmail.com</a>
102.	9.	Ludhiana	Col (Retd) Kanwar Preet Singh Atwal District Defence Services Welfare Officer Near Clock Tower, Ludhiana - 141 001	<b>0161-2741066 (O)</b> <b>dsw_ldh@yahoo.com</b>
103.	10.	Moga	Col (Retd) Kanwar Preet Singh Atwal District Defence Services Welfare Officer DC Complex, Moga	<b>01636-237488 (O)</b> <b>dsw.moga@rediffmail.com</b>
104.	11.	SAS Nagar	Lt Col (Retd) PS Bajwa (Addl Charge) District Defence Services Welfare Officer Sas Nagar	<b>0172 -2270075</b> <b>dsw_sas@rediffmail.com</b>
105.	12.	Patiala	Col (Retd) Sarabjit Singh Sanga, (Additional Charge) District Defence Services Welfare Officer Near Railway Bridge Patiala	<b>0175-2361188 (O)</b> <a href="mailto:dsw@rediffmail.com">patiala dsw@rediffmail.com</a>
106.	13.	Ropar	Lt Col (Retd) PS Bajwa District Defence Services Welfare Officer Near Old Bus Ropar	<b>01881-220324 (O)</b> <a href="mailto:dsw_rpr@rediffmail.com">dsw_rpr@rediffmail.com</a>
<b><u>RAJASTHAN *</u></b>				
107.	1.	Ajmer	Cdr (Retd) Banwari Lal Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Opp Revenue Board,	<b>0145-2627972 (O)</b> <b>09582876387 (M)</b> <b>dsboardajmer@gmail.com</b>

			Ajmer - 305 001	
108	2.	Alwar	Maj(Retd) Prabhu Dayal Zila Sainik Kalyan Karyalaya, Near Company Garden, Alwar	<b>0144-2338527 (O)</b> <b>09982943354 (M)</b> <b>skolw22j@gmail.com</b>
109	3.	Churu	Vacant Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Churu - 331 001	<b>01562-250948 (O)</b> <b>09672951234 (M)</b> <b>kaswanmajorrkk@gmail.com</b>
110	4.	Jaipur	Col (Retd) RK Myre Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Jai Singh Highway, Bani-Park Jaipur - 302 006	<b>0141-2201487 (O)</b> <b>09461778396 (M)</b> <b>rbhukar1@gmail.com</b> <a href="mailto:zskajaip_rj@nic.in">zskajaip_rj@nic.in</a>
111	5.	Jaisalmer	Col (Retd) Omvir Singh Sainik Kalyan Karyalya, Jaisalmer Near Railway Station, Jaisalmer	<b>02992-250029 (O)</b> <b>09602522001 (M)</b> <b>zskajairj@gmail.com</b>
112	6.	Jhunjhunu	Cdr (Retd) AL Krishnia Zila Sainik Kalyan Karyalaya Juhnjhunu Near Railway Station Jhunjhunu	<b>01592-232653 (O)</b> <b>09783969009 (M)</b> <b>yogilns@yahoo.com</b>
113	7.	Jodhpur	Lt Col (Retd) RS Rathore Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Rai Ka Bagh, Jodhpur 342- 006	<b>0291-2650372 (O)</b> <b>09352355450 (M)</b> <b>zskajod-rj@nic.in</b>
114	8.	Kota	Lt Col (Retd) Guman Singh Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building In front of Bhimrao Hospital Kota	<b>0744-2323712 (O)</b> <b>09413318285 (M)</b> <b>zskakotj@yahoo.com</b>
115	9.	Neem Ka Thana (Sikar)	Maj (Retd) Kaptan Singh Zila Sainik Kalyan Karyalaya, Neem Ka Thana (Sikar)	<b>01574-231920 (O)</b> <b>09001634348 (M)</b> <b>majpradhudayalagria@yahoo.in</b>
116	10.	Sikar	Maj (Retd) Jisukh Ram Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Near Collectorate, Sikar-332001	<b>01572-254437 (O)</b> <b>09887291364 (M)</b> <b>zskasikrj@gmail.com</b>

117.	11.	Sri Ganganagar	Col (Retd) BK Chhibbar Adhikary Zila Sainik Kalyan Karyalaya Lakkar Bazar Sri Ganganagar (Rajasthan)	<b>0154-2422547 (O)</b> <b>09610606063 (M)</b> <b>vkchhibber@gmail.com</b>
118.	12.	Udaipur	Lt Col (Retd) DN Sharma Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building 21, Residency Road Udaipur - 313 001	<b>0294-2524724 (O)</b> <b>09460682275 (M)</b> <a href="mailto:zska-uda-ri@nic.in">zska-uda-ri@nic.in</a>
<b><u>SIKKIM</u></b>				
119.	1.	Gangtok East/North Sikkim	Sub (Retd) GS Pandey Welfare Officer Zila Sainik Board PS Road, Gangtok East Sikkim - 737 101	<b>03592-201062 (O)</b> <b>096354-70459 (M)</b>
120.	2.	Namchi South Sikkim	Sub (Retd) PB Gurung Welfare Officer Zila Sainik Board (South) Namchi, South Sikkim Pin - 737 126	<b>03595-263003 (O)</b> <b>089726-85007 (M)</b> <b>Zsbnamchi12@gmail.com</b>
121.	3.	Gyalshing West Sikkim	Sub (Retd) TD Bhutia Welfare Officer Zila Sainik Board, Gyalshing, West Sikkim Pin – 737111	<b>03595-250067 (O)</b> <b>094348-71395 (M)</b> <b>zsbgyz@gmail.com</b>
<b><u>TAMIL NADU*</u></b>				
122.	1.	Chennai	Lt Col (Retd) Smt.A.D.Maria Venitta, Deputy Director, Ex-Servicemen's Welfare Major Parameswaran Memorial Building, 2E, West Mada Street Srinagar Colony, Saidapet Chennai Pin - 600 015 (T N)	<b>044-22350780 (O)</b> <b>09442612294 (M)</b> <a href="mailto:exwelchn@tn.gov.in">exwelchn@tn.gov.in</a>
123.	2.	Coimbatore	Vacant Assistant Director, Ex-Servicemen's Welfare Ex Services Centre, Huzur Road, Coimbatore Pin - 641 018 (T N)	<b>0422-2214107 (O)</b> <b>09994770553 (M)</b> <b>exweicbe@tn.gov.in</b>
124.	3.	Cuddalore	Thiru S Mohan,B.Com,	<b>04142-294732 (O)</b>

			Asstt Director Ex-Servicemen's Welfare Ex-Services Centre, No. 33.II Cross Street, Seetharam Nagar,Pudupalayam Cuddalore – 607 001	<b>09486575695 (M)</b> <a href="mailto:exwelcud@tn.gov.in">exwelcud@tn.gov.in</a>
125.	4.	Kanyakumari	Maj.(Retd)VS jayakumar,M.A, Deputy Director Ex-Servicemen's Welfare Ex-services Centre & Shopping Complex, Railway Feeder Road, Kottar, Nagercoil-629002	<b>04652-243515 (O)</b> <b>09442107209 (M)</b> <a href="mailto:exwelkkm@tn.gov.in">exwelkkm@tn.gov.in</a>
126.	5.	Pudukottai	Vacant, Asstt Director Ex-Servicemen's Welfare Ex-Service Centre Kalyanaramapuram 1 <sup>st</sup> Street Thirukokarnam P.O. Pudukottai Pin - 622 002	<b>04322-221593 (O)</b> <b>09940827415 (M)</b> <a href="mailto:exwelprdk@tn.gov.in">exwelprdk@tn.gov.in</a>
127.	6.	Ramanathapuram	Ex.Capt.S.Vijaykumar Asstt Director Ex-Servicemen's Welfare Ex-Service Centre, MasterPlan Complex, Collectorate, Ramanathapuram Pin – 623503	<b>04567-230045 (O)</b> <b>09486142583 (M)</b> <a href="mailto:exwelrmd@tn.gov.in">exwelrmd@tn.gov.in</a>
128.	7.	Thirunelveli	Maj (Retd) Boni Vincent Asst Director Ex-Servicemen's Welfare Ex-Services Centre Palayamkottai, Tirunelveli - 627 002	<b>0462-2560440 (O)</b> <b>09047099988 (M)</b> <a href="mailto:exweltnv@tn.gov.in">exweltnv@tn.gov.in</a>
<b>Telangana</b>				
129.	2	Hyderabad	Ex-Lt (IN) K.Praveen Kumar Zilla Sainik Welfare Officer H.No.6-1-285/2, 1st Flr, Back side of Gharonda Super Market, Padmaraonagar Secunderabad -500025 Hyderabad District	<b>040-27503132 (O)/(F)</b> <b>09440866059 (M)</b> <a href="mailto:zswohyd1@yahoo.com">zswohyd1@yahoo.com</a>



130.	8	Nizamabad	Vacant Zilla Sainik Welfare Officer H.No.6-2-200/83-C Subhash Nagar Nizamabad - 503 002	<b>08462-238509 (O)/(F)</b> <b>09666617999 (M)</b> <a href="mailto:zswonzb@yahoo.com">zswonzb@yahoo.com</a>
131.	1 0	Warangal	Smt T Vanaja Zilla Sainik Welfare Officer Sainik Bhavan Kanaka Durga Colony Waddepally Warangal - 506 370	<b>0870-2456018 (O)/(F)</b> <b>09908056298 (M)</b> <a href="mailto:zswowgl@yahoo.com">zswowgl@yahoo.com</a>
<b><u>UTTARAKHAND *</u></b>				
132.	1.	Almora	Col (Retd) RP Joshi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Chauganpata Almora - 263601 (UK)	<b>05962-230246 (O)</b> <b>05962-232210 (O)</b> <b>05962-232210 (F)</b> <a href="mailto:zskalm@yahoo.com">zskalm@yahoo.com</a>
133.	2.	Dehradun	Maj(Retd) MS Negi Zila Sainik Kalyan Evam Punarvas Karyalaya, Kalidass Marg, PO Hathi barkala Dehradun, Pin – 248 001	<b>0135-2626091(O)</b> <a href="mailto:zskddn@gmail.com">zskddn@gmail.com</a>
134.	3.	Haridwar	Lt Col (Retd) Chander Pal Singh Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Roshanabad Hardwar – 249407	<b>01334-250916 (O)</b> <b>01334-250082 (O)</b> <b>01334-250082 (F)</b> <b>09358134048 (M)</b> <a href="mailto:zharidwar@yahoo.in">zharidwar@yahoo.in</a>
135.	4.	Nainital (Haldwani)	Maj (Retd) B.S.Rautela Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Haldwani Nainital – 263 139	<b>05946-281410 (O)</b> <b>05946-221614 (O)</b> <b>05946-281410 (F)</b> <b>09412089171 (M)</b> <a href="mailto:zsk_hal@rediffmail.com">zsk_hal@rediffmail.com</a>
136.	5.	Uttarkashi	Maj (Retd) BS Negi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Uttarkashi - 249193	<b>01374-222417 (O)</b> <b>01374-223305 (O)</b> <b>01374-223305 (F)</b> <b>08979740114 (M)</b> <a href="mailto:zskuki@rediffmail.com">zskuki@rediffmail.com</a>

<b>UTTAR PRADESH</b>				
137	1.	Agra	Col (Retd) Umesh Chandra Dubey Zila Sainik Kalyan Evam Punarvas Adhikari Agra Pin - 282 001(UP)	<b>0562-2260549 (O)</b>
138	2.	Aligarh	Lt Col (Retd) Arvind Kumar Zila Sainik Kalyan Evam Punarvas Adhikari Collectorate, Aligarh, Pin - 202001 (UP)	<b>0571-2401763 (O)</b> <a href="mailto:zskpaligarh@gmail.com">zskpaligarh@gmail.com</a>
139	3.	Allahabad	Col (Retd) KL Pathak Zila Sainik Kalyan Evam Punarvas Adhikari Allahabad - 211 001 (U P)	<b>0532-2608454 (O)</b>
140	4.	Balia	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Balia - 277 001 (U P)	<b>05498-220350 (O)</b>
141	5.	Bareilly	Maj (Retd) Rajendar Singh Zila Sainik Kalyan Evam Punarvas Adhikari Bareilly - 243 001 (U P)	<b>0581-2421794 (O)</b>
142	6.	Bulandshahr	GP. Capt Girish Kumar Jahori Zila Sainik Kalyan Evam Punarvas Adhikari Bulandshahr – 203 001 (U P)	<b>05732-282562 (O)</b>
143	7.	Chandauli	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Chandauli (UP)	<b>05412-260126 (O)</b>
144	8.	Etawah	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Etawah – 206001(UP)	<b>05688-254167 (O)</b>
145	9.	Faizabad	Lt. Col S Harad Bhatt Zila Sainik Kalyan Evam Punarvas Adhikari Faizabad - 224 001 (U P)	<b>05278-222184 (O)</b>
146	10.	Ghaziabad	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari KH-171, New Kavi Nagar Ghaziabad - 201 001 (U P)	<b>0120-2822643 (O)</b>
147	11.	Gorakhpur	Maj (Retd) Ram Mohan Pandey	<b>0551-2337643 (O)</b>

			Zila Sainik Kalyan Evam Punarvas Adhikari Gorakhpur - 273 001 (U P)	
148	12.	Jhansi	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jhansi - 284 001 (U P)	<b>0510-2470049 (O)</b>
149	13.	Lucknow	Lt Col (Retd) Sharad Bhatt Zila Sainik Kalyan Evam Punarvas Adhikari, Sainik Bhawan, Kaiserbagh Lucknow – 226 001 (U P)	<b>0522-2622367 (O)</b>
150	14.	Mathura	Gp Capt (Retd) Vijay Krishan Dutta Zila Sainik Kalyan Evam Punarvas Adhikari Mathura - 281 001 (U P)	<b>0565-2505749 (O)</b>
151	15.	Mau	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mau - 275 101 (U P)	<b>0547-2225816 (O)</b>
152	16.	Meerut	Lt Col (Retd) Dilip Kr Dass Zila Sainik Kalyan Evam Punarvas Adhikari Meerut - 250 001 (U P)	<b>0121-2644551(O)</b>
153	17.	Saharanpur	Gp Capt (Retd) J.S.Chouhan Zila Sainik Kalyan Evam Punarvas Adhikari Saharanpur Pin - 247 001 (U P)	<b>0132-2643629 (O)</b>
154	18.	Unnao	SQ. Leader (Retd) Madhu Mishra Zila Sainik Kalyan Evam Punarvas Adhikari, Unnao – 209801 (U P)	<b>0515-2820544 (O)</b>
155	19.	Varanasi	Wg Cdr (Retd) SC Mishra Zila Sainik Kalyan Evam Punarvas Adhikari Varanasi - 221 001 (U P)	<b>0542-2508254 (O)</b>
<b>WEST BENGAL *</b>				
156	1.	Behrampore Distt Murshidabad (WB)	Maj (Retd) DK Chatterjee Secretary Zila Sainik Board 7/A, Barrack Square, PO- Behrampore Murshidabad (WB) – 742 101	<b>03482-277459 (O)</b> <b>09475878823</b> <a href="mailto:zsbmurshidabad@yahoo.in">zsbmurshidabad@yahoo.in</a>

157	4.	Darjeeling	Col (Retd) Keshab Rai Secretary Zila Sainik Board Sainik Bhavan Kutchery Compound Darjeeling – 734 101	<b>0354-2254056 (O)</b> <b>09434044501 (M)</b> <a href="mailto:secyzsbdj@dataone.in">secyzsbdj@dataone.in</a> <a href="mailto:zsbdarjeeling@gmail.com">zsbdarjeeling@gmail.com</a>
158	5.	Howrah +Hooghly	Vacant Secretary, Zila Sainik Board 5th Floor, New Collectorate Building Howrah Pin – 711 101	<b>033-26414694 (O)</b> <b>033-26603367 (F)</b> <a href="mailto:zsbhowrah@yahoo.in">zsbhowrah@yahoo.in</a>
159	6.	Jalpaiguri +Cooch- Bihar	Capt (Retd) Rama Kant Jaiswal Secretary Zila Sainik Board Collectorate Complex Jalpaiguri Pin - 735101	<b>03561-230848 (O)</b> <b>09434258405 (M)</b> <a href="mailto:zsbjal@gmail.com">zsbjal@gmail.com</a>
160	7.	Kolkata	Wg Cdr (Retd) Bhaskar Ghosh Secretary Zila Sainik Board Sainik Bhavan, 1/4, Acharya Jagdish Bose Road, Kolkata Pin - 700 020	<b>033-22233893 (O)</b> <b>09874510300 (M)</b> <a href="mailto:zilasainikboardkolkata@yahoo.in">zilasainikboardkolkata@yahoo.in</a>
161.	-	Delhi	Rajya Sainik Board Govt of NCT of Delhi 1 Rajpur Road Opp Tis Hazari Courts Delhi – 110054	Secretary – 23991876 AAO/Head Clk- 23969260/23991876 <a href="mailto:rsbdel@yahoo.co.in">rsbdel@yahoo.co.in</a>